FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SIMON IRWIN D							2. Issuer Name and Ticker or Trading Symbol HAIN CELESTIAL GROUP INC [HAIN]								all applic Directo	nship of Reporting F applicable) Director		10% Ov	vner
(Last) 58 SOUT	Last) (First) (Middle)					Date o /04/2		iest Trans	saction (M	onth	n/Day/Year)			X	below)	(give title	Chair.	Other (s below) of the Bd	`
(Street) MELVILLE NY 11747					4.	If Ame	ndme	nt, Date	of Original	File	d (Month/Da	y/Year)	6. Lir	ne)	Form fi	led by One	Repo	(Check Ap	n
(City) (State) (Zip)															Form filed by More than One Reporting Person				
		Tab	le I - No	on-Deri	vativ	e Se	curit	ies Ac	quired,	Di	sposed o	f, or Be	neficia	lly O	wned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/						Ex r) if a	. Deemed ecution Date, iny onth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securitie Disposed C	Securities Acquired (A) or posed Of (D) (Instr. 3, 4 a			and 5) Securiti Benefici Owned		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	- 11	Reported Transact (Instr. 3 a	action(s) 3 and 4)			(Instr. 4)
Common Stock 11/04/20)03		S		50,000	D	\$21.09	.0911 645		5,278		D		
		-	Table II						,		osed of, convertil			y Ow	/ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	4. Transa Code (8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Der Sec	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal	ole	Expiration Date	Title	Amount or Number of Shares	1					
Stock Option (right to	\$3.58	11/04/2003			M			50,000	11/12/199	93	11/12/2003	Common Stock	50,000		\$0	2,457,00	00	D	

Explanation of Responses:

/s/ Irwin D. Simon

11/06/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.