FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HAHN MARINA						2. Issuer Name and Ticker or Trading Symbol HAIN CELESTIAL GROUP INC [HAIN]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
														Director			10% Ow	ner	
(Last)	,	(First) (Middle) SERVICE ROAD				3. Date of Earliest Transaction (Month/Day/Year) 02/19/2004								Officer (give title Other (speci below) below)				pecify	
	iii bbittic	ZIOIL			 	If Am	andmant	Doto of	Original	Filed	(Month/Day	(Voor)	6 In	dividual or J	nint/Croup [Filipa ((Chook Appl	iooblo	
(Ctroot)					_ * .	пАш	enament,	Date of	Original	riieu	(MOHUI/Day	rtear)	Line		Jilly Group r	riiiig (C	Stieck Appl	icable	
(Street) MELVIL	LE N	V	11747)	Form fi	ed by One	Reporti	ing Person		
IVIDE VIE	JEE IV	1	11/4/		_										ed by More	than C	One Reporti	ng	
(City)	(S	state)	(Zip)											Person					
		Та	ble I - No	n-Der	ivativ	ve S	ecuritie	es Acc	quired,	Dis	posed of	, or Ben	eficially	Owned					
1. Title of Security (Instr. 3) 2. Trans: Date (Month/E					nsactio	2A. Deemed Execution Date,				3. 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4								7. Nature of Indirect	
					h/Day/Y	rear)	if any (Month/Day/Year)		Code (Instr.		Disposed	oi (D) (ilisti	. 3, 4 and 3	Beneficially Owned Following Reported Transaction(s)			ndirect E	Beneficial Ownership	
						(menauzay/1e			Code	v	Amount	(A) or	Price					nstr. 4)	
									1		(D)		-	(Instr. 3 and 4)					
Common Stock 02/19					19/20	2004		X		6,325 A		\$5.63	8,463		D				
Common Stock 02/19					19/20	2004		S		7,054	D	\$22.18	1,409]	D			
			Table II -											Owned					
				(e.g.,	puts	, cal	ls, war	rants,	optio	ns, c	onvertib	le secui	rities)						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,		5. Number o Derivative Securities Acquired (A) or Disposed of (D) (Instr. 4 and 5)		ive ies ed (A) osed nstr. 3,	6. Date Exercisable an Expiration Date (Month/Day/Year)		te	7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	ly [10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
													Amount		(Instr. 4))11(5)			
													or Number						
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Shares						
Stock option (right to buy)	\$12.82	11/12/2002			A		25,000		11/12/20	002	11/12/2012	Common Stock	25,000	\$0	25,000		D		
Stock option (right to buy)	\$5.63	02/19/2004			X			6,325	08/04/1	994	08/04/2004	Common Stock	6,325	\$0	0		D		

Explanation of Responses:

Remarks:

Exhibit List Exhibit 99 - Power of Attorney

/s/ Ira J. Lamel, attorney-in-fact, 02/2<u>3/2004</u> The Hain Celestial Group, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

THE HAIN CELESTIAL GROUP, INC. POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of IRWIN D. SIMON and IRA J. LAMEL, and their assigns, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of THE HAIN CELESTIAL GROUP, INC. (the "Company"), Forms 3, 4 and 5 (or any analogous form), including amendments, in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Forms 3, 4 and 5 (or any analogous form) and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 (or any analogous form) with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 8th day of October, 2002.

/s/ Marina Hahn

, 0, 11011110 1101111	
	Signature
Marina Hahn	
	Print Name

INDIVIDUAL ACKNOWLEDGEMENT

STATE OF NEW YORK)

: ss.:
COUNTY OF SUFFOLK)

On this 8th day of October, 2002, before me personally appeared Marina Hahn personally known to me to be the person that executed this instrument and acknowledged to me that he/she executed the same.

WITNESS my hand and official seal.

Signature /s/ Theresa C. Goodman

(Seal)